## DOW TOPS 11,000 AS WALL STREET'S RALLY CONTINUES 3

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**'Big Ben' won't be charged** after sexual

assault allegations 17

#### **BLOOMS A BUST**

**Cherry blossoms prove no boon** for
D.C.-area businesses 12

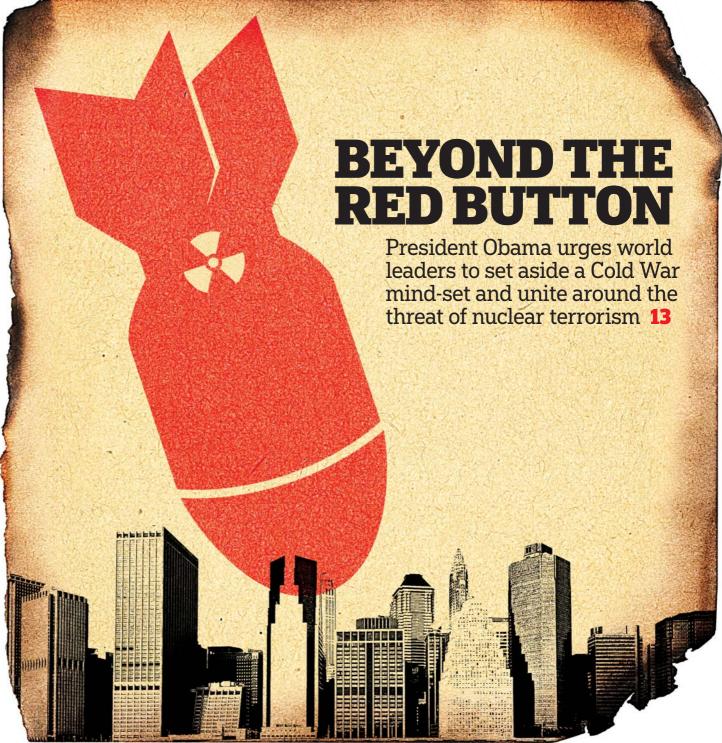


GLEEK OUT

The tunes only get better in nine new episodes of 'Glee' 32



APRIL 13, 2010 | A PUBLICATION OF The Washington Post | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | FREE DAILS





### **Cuteness Factor Amplified By Show of Compassion**

African penguins have adopted a chick that wasn't being cared for by its biological parents at another Colorado zoo. The baby African penguin emerged from its shell at the Pueblo Zoo on March 20. When the biological parents appeared unable to care for it, it was taken to Denver and placed with surrogate parents, who immediately began to feed it and keep it warm. (AP)

#### "[KFC's Double Down] is a slimy and unnaturally moist thing, with flavor ginned up in a lab. It is, all in all, a disgusting meal, a must-to-avoid."

— **SAM SIFTON**, IN THE NEW YORK TIMES DINER'S JOURNAL. THE "SANDWICH," RELEASED MONDAY, IS BACON, CHEESE AND SAUCE SERVED BETWEEN TWO SLABS OF FRIED CHICKEN.

#### A Burrito Craving Is a Powerful Thing



Authorities said a man took a bite into crime when he helped himself to a burrito and a bag of Funyuns snacks at a gas station food store in Hastings, Mich., then told the clerk to call police because he had no money to pay. Barry County Prosecutor Tom Evans said 28-year-old Michael Odell was charged with retail fraud. Odell, who told police he is homeless, is jailed on a \$2,000 bond. (AP)



IN THIS DRAMATIC PHOTO, taken June 30, 2009, a construction worker suspended from a crane rescues a woman who fell into the Des Moines River near the Center Street Dam in downtown Des Moines, Iowa. Mary Chind won the 2010 Pulitzer Prize for Breaking News Photography for the image on Monday. (AP)

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# **Wall Street's Rebound Continues**

Dow closes above the 11K mark for the first time since '08

#### **New York**

The Dow Jones industrial average on Monday closed above 11,000 for the first time in a year and a half on investors' rising hopes about the economy.

The Dow edged up about nine points Monday to almost 11,006. The Standard & Poor's 500 index came within a point of hitting its own milestone of 1,200 during trading but closed just short of that mark.

Analysts said the Dow's move above 11,000 could provide a psychological boost and perhaps draw more investors to the market.

"There is a huge stockpile of cash on the sidelines earning virtually nothing," said Jack Ablin, chief investment officer at Harris Private Bank in Chicago. "Maybe this can help shake a few people into the market."

Stocks have been rising this year on growing expectations



A board on the floor of the New York Stock Exchange shows the Dow Jones industrial average's closing mark above 11,000.

68.1%

The amount the Dow Jones Industrial stock index has risen since hitting a 12-year low in March of last year.

that the economy will shake off job market weakness and housing problems.

A test of whether the Dow can hold the 11,000 mark will come in

the next three weeks when companies report earnings. Investors also will want to see whether the government's next employment report, due in early May, shows that employers added jobs in April as they did during March.

On Monday, a loan agreement for Greece allowed U.S. investors to focus on domestic economic and corporate news. European Union leaders agreed over the weekend to make loans available to Greece to help the country lower its public debt burden. The 16 countries that use the euro agreed to provide \$40.5 billion to Greece if needed.

Investors have been concerned that mounting debt in Greece and other European nations would stunt a global recovery. (AP)

### Neb. Ready To Put More Restrictions On Abortion

Lincoln. Neb.

Nebraska could become the first state to require doctors to screen women for possible mental and physical problems before performing abortions, under a bill that received final approval from the Legislature on Monday.

Gov. Dave Heineman's office said Monday he will sign the bill Tuesday, along with another abortion measure lawmakers are expected to pass then. That bill would ban abortions after 20 weeks based on the assertion that fetuses feel pain.

Both bills are likely to be challenged in court. Abortion rights activists describe the measure passed Monday as a drastic shift in abortion policy that would block abortions by scaring doctors who might perform them.

Abortion foes defend both bills. They say the one passed Monday could help prevent postabortion medical problems and brings pre-abortion screenings in line with what is done before other types of medical procedures.

NATE JENKINS (AP)



POLITICS

**Opponents of the tea party movement** say they plan to dismantle the group by trying to make its members appear to be racist, homophobic and moronic. The group Crash the Tea Party has 65

leaders in major cities who are trying to recruit members to infiltrate tea party events on April 15—tax filing day, when tea party groups across the country are planning to protest high taxes. Tea party members said the backlash comes from ignorance. (AP)

### **Spring Allergies?**

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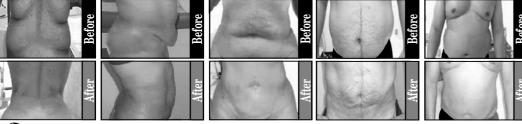


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If you (or someone you know) have been diagnosed with major depression, you may be able to participate in a National Institute of Mental Health research study investigating a novel medication. This treatment study is studying if a research medication can produce a rapid reduction of depressive symptoms in patients with treatment-resistant major depressive disorder.

This 7-week inpatient study is conducted at the NIH Clinical Center in Bethesda, Maryland, and compares the medication to a placebo (inactive salt solution). After completion of the study the participant will receive short-term treatment to transition back to the community. In addition, all research participation is without cost.

Those eligible to participate must:

- Be ages 18-65
- Have been diagnosed with major depression
- Have taken two antidepressants that did not help

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National Institutes of Health, Department of Health & Human Services www.clinicaltrials.gov



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### **Washington Post Wins Four Pulitzers**

Newspaper tops the list of winners of the prestigious prize

#### **New York**

The Washington Post on Monday won four Pulitzer Prizes, and the New York Times won three of the awards, the most prestigious in U.S. journalism.

The Post won for international reporting, feature writing, commentary and criticism. The Times won three, for national reporting and explanatory reporting, and also for investigative reporting for a collaborative effort with the fledgling news service ProPublica.

ProPublica and the New York Times Magazine together won one of two Pulitzers awarded for investigative reporting for a story on the life-and-death decisions made by doctors at a New Orleans hospital during Hurricane Katrina.

The Washington Post's award for international reporting went to Anthony Shadid for what the Pulitzer board called "his rich, beauti-



Pulitzer winner Kathleen Parker speaks to colleagues at The Washington Post.

fully written series" on Iraq. The newspaper's Gene Weingarten won in feature writing for what the board called a "haunting" story on parents who accidentally kill their children by leaving them in cars.

The Post also won in commentary for Kathleen Parker's witty columns on political and moral issues, and in criticism for Sarah Kaufman's writing on dance. DEEPTI HAJELA (AP)

#### Have you ever had a heart attack? Are you age 50 or older?

If you answered "yes" to both of these questions, you may be eligible to take part in a national study of an investigational treatment—chelation therapy and vitamin therapy-for people with heart disease.

### What is chelation therapy?

Chelation therapy is an investigational therapy using an amino acid (EDTA). It is added to the blood through a vein. Some people believe that chelation therapy may help treat heart disease. However, this has not been scientifically proven. This study will seek to find out whether chelation therapy is safe and effective in treating heart disease.

Study-related treatment will be provided at no cost.

For more information, Call 202-833-5055, ask for Barbara or visit

www.integrativemedicinedc.com www.nccam.nih.gov/chelation



U.S. Department of Health and Human Services

# **President Obama: Stop the Sellout.**



### **Save the Whales!**

#### **Dear President Obama:**

America has led the international fight to stop the cruel, unnecessary commercial slaughter of whales for decades.

Since championing passage of the international ban on commercial whaling in 1986, *every American President* has reasserted our nation's strong leadership role in the fight to save whales already threatened as never before by pollution, ship strikes, entanglement, climate change and other perils.

Today, disturbing reports indicate that your administration may support an international agreement permitting Japan and others to resume commercial whaling.



In fact, this week in Washington your administration is meeting behind closed doors with foreign representatives on just such an agreement.

We respectfully ask that you act immediately to stop this sellout, and instruct U.S. representatives to the International Whaling Commission to instead act to end all commercial whaling worldwide.

#### Honor your promise.

As a candidate you said: "As President, I will ensure the U.S. provides leadership in enforcing international wildlife protection

agreements, including strengthening the international moratorium on commercial whaling. *Allowing Japan to continue commercial whaling is unacceptable.*" (3/16/08)

Over 75% of the American public agrees and opposes commercial whaling. Scientists and environmental groups worldwide object to this unseemly, back-room deal

"...reports indicate your administration may support an international agreement permitting Japan and others to resume commercial whaling."

to reward Japan for decades of illegal whaling under the guise of scientific research.

Surely, Mr. President, these gentle, intelligent creatures deserve better from us than a long and painful death just to show up on the menu in some overpriced restaurant?

Please President Obama, honor your promise: Stop the sellout. Save the Whales.

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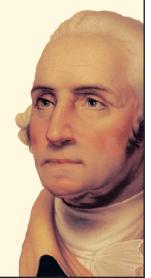
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#### **Hearsay**



"All too often, earmarks are an easy vehicle for special interest dealmaking ... without filter for merit, need, priority or any scrutiny.

– PETER ORSZAG, WHITE HOUSE BUDGET CHIEF, AFTER A REPORT FOUND MEMBERS OF CONGRESS OBTAINED ABOUT 2,000 FEWER EARMARKS IN 2009 THAN IN 2008

### **Census: No Evidence Conservatives Are Opting Out**

#### Washington

Census Bureau director Robert Groves said Monday he is heartened by the high level of participation so far in the 2010 census, with no indications that large numbers of conservatives were only partially filling out the form or boycotting the government count.

"We can't find empirical sup-

port for that," Groves said, regarding evidence of lower participation among conservatives.

Groves' comments, which came at a news conference to urge Americans to mail back their census forms by Friday, seemed to tamp down anecdotal reports in recent weeks that anti-government sentiment might spur a mass boycott among conservatives who consider the census form to be overreaching by the government.

With five days left for people to mail back census forms, about 65 percent, or more than 77 million households, have completed and mailed back their census forms, officials said. That number puts the U.S. on track to match or surpass the 2000 mail-back rate of 72 percent. (AP)



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### World

### **In Brief**



Residents of a shantytown near Rio de Janeiro, Brazil, evacuate their homes.

#### **RIO DE JANEIRO**

#### 2,600 Families Flee Areas **Threatened by Mudslides**

The threat of new mudslides forced Rio de Janeiro officials to begin removing 2,600 families from at-risk areas Monday and prompted the closure of the trolley ride that leads tourists to the Christ the Redeemer statue. (AP)

#### **ISLAMABAD**

#### 200.000 Leave Northwest

More than 200,000 people have fled Pakistan's latest offensive against Taliban militants in the northwest, the United Nations said Monday, as fresh clashes in the remote region killed 41 insurgents and six soldiers. The exodus from Orakzai adds to the more-than 1.3 million driven from their homes in Pakistan's northwest. (AP)

#### **VATICAN CITY**

#### **Vatican: Bishops Should Report Abuse to Police**

The Vatican on Monday made clear for the first time that bishops and other church officials should report clerical sex abuse to police if required by law. In a new guide posted on its Web site, the Vatican spells out its policy. "Civil law concerning reporting of crimes to the appropriate authorities should always be followed," the guidelines said. (AP)

#### **Landslide in Alps Derails** Train, Kills Nine People

A mass of mud and water slammed into a commuter train traveling in the Italian Alps Monday, knocking the front car into a ditch and killing nine people aboard, officials said. The two-car train was passing by at the exact moment that an irrigation pipe at a higher elevation burst. (AP)

# **Afghans Protest NATO Killings**

Four civilians die after troops fire on a bus near Kandahar

#### Kandahar, Afghanistan

Afghans burned tires and chanted "Death to America" after U.S. troops fired Monday on a civilian bus near Kandahar, killing four people and wounding more than a dozen. Afghanistan's president accused NATO of violating its commitment to safeguard civilians.

The attack enraged Afghan officials and the public in Kandahar, the Taliban's birthplace, and dealt a blow to U.S. and NATO efforts to win popular support for a coming offensive to drive the insurgents from the biggest city in the south. NATO expressed regret for the loss of civilian lives and said it was investigating.

Nearly 200 Afghans blocked the highway where the shooting occurred, burning tires and chanting "Death to America." They also called for the ouster of Afghan President Hamid Karzai, a Kandahar native who has been appealing for



Afghan protesters shout anti-American slogans during a protest in Kandahar after NATO troops killed four civilians on Monday.

locals to support the U.S.-led campaign against the Taliban.

"The Americans are constantly killing our civilians, and the government is not demanding an explanation," protester Mohammad Razaq said. "We demand justice from the Karzai government and the punishment of those soldiers responsible."

There were conflicting accounts of the shooting, which took place before dawn in the Taliban-infiltrated Zhari district along a highway linking Kandahar with the provinces of Helmand and Nimroz.

NATO said the bus approached a slow-moving military patrol from the rear at a high speed. Troops opened fire after the driver

ignored flares and other warnings including flashlights and hand signals - to slow down, NATO said in a statement. It confirmed four people were killed.

The alliance statement did not identify the soldiers' nationality, but witnesses and local Afghan officials said they were Americans. KATHY GANNON AND NOOR KHAN (AP)

### Russia Suggests Human Error Led to Crash

#### **Warsaw**, Poland

Russian investigators suggested human error may have been to blame in the plane crash that killed the Polish president and 95 others, saying Monday there were no technical problems with the Soviet-made plane.

The Tu-154 went down Saturday while trying to land in dense fog near a Smolensk airport in western Russia. All aboard were killed, including President Lech Kaczynski.

The pilot of the Polish government-owned plane had been warned of bad weather in Smolensk and was advised by traffic controllers to land elsewhere which would have delayed plans to attend a memorial in the nearby Katyn forest for thousands of Polish military officers executed 70 years ago by Josef Stalin's secret police.

In Warsaw, there was concern the pilots may have been asked by someone in the plane to land



Rescuers inspect the remains of the plane that crashed in Smolensk, Russia.

at Smolensk instead of diverting to Minsk or Moscow.

Polish Prosecutor General

Andrzej Seremet said Polish investigators talked to the flight controller and flight supervisor and "concluded that there were no conditions for landing."

"The tower was advising against the landing," Seremet said.

Polish investigators said they will listen to the cockpit conversations recorded on the black boxes to see whether there were "any suggestions made to the pilots" from other people aboard the plane. MATT MOORE AND MONIKA SCISLOWSKA (AP)



Scientists using a remote-controlled submarine have discovered the deepest known volcanic vent more than three miles beneath the surface of the Caribbean in an area known as the Cayman Trough. They say the superheated waters inside could contain undiscovered species and perhaps even clues to the origin of life on Earth. Bramley Murton, the pilot of the RRS James Cook, said exploring the area was "like wandering across the surface of another world." (AP)

### World

# **Thai Party Under Fire**

Officials order ruling bloc be dissolved, buoying protesters

#### **Bangkok**

Thailand's coalition government teetered Monday after the Election Commission ordered the ruling party be dissolved for allegedly concealing campaign donations, and the influential army commander said he supports a new vote.

The Election Commission ruling and the army chief's opinion buoyed anti-government protesters who have demonstrated for the past month pressing for Prime Minister Abhisit Vejjajiva's resignation. The standoff turned deadly on Saturday when troops tried to drive away protesters, resulting in clashes that left 21 people dead in Thailand's worst political violence in nearly two decades.

Partner parties in Abhisit's government also suggested he consider calling elections earlier than the end of year — the time frame he offered so-called "Red Shirt" pro-



 $Thai \, protesters \, participate \, in \, a \, funeral \, march \, on \, Monday \, for \, those \, killed \, in \, clashes.$ 

testers, who have insisted on a vote within 15 days.

Thanis Sriprathes, deputy secretary-general of the Election Commission, told reporters Abhisit's Democrat Party was found guilty of failing to disclose - as required by law — that it received \$8 million from TPI Polene, a cement producer listed on the Thai stock market.

A final decision on whether the Democrat Party should be dissolved, however, rests with the Constitutional Court. No date has been set to hear the case.

"This is a massive blow to the Democrat Party's legitimacy and suggests their wider alliance may just perhaps be starting to fragment," said Lee Jones, a lecturer in international relations at the University of London.

Abhisit suffered another blow when army chief Gen. Anupong Paochinda — who until now was seen as a staunch backer of the prime minister — told reporters dissolving Parliament and calling new elections might resolve the country's political crisis. Grant Peck (AP)

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### Local

# **JMU: Riot Embarrassing**

School aims to avoid another incident like weekend block party

Harrisonburg, Va.

James Madison University officials want to avoid a repeat of a weekend block party marred by fights and the arrests of more than 30 people.

The Richmond Times-Dispatch says James Madison President Linwood H. Rose sent an e-mail to students criticizing the behavior during Saturday's Springfest. Rose said it was an embarrassment to the university.

Rose said in the e-mail that the university plans to confer with students, police and Harrison-



Officers move to disperse a group of partygoers near a burning trash bin Saturday.

burg residents to determine how to mitigate "the negative consequences" of such situations in the future.

Harrisonburg police said offi-

cers used pepper spray and tear gas to disperse a crowd of about 8,000 people after fights broke out, and some partygoers threw bottles and rocks at officers. (AP)

#### Hearsay



"Left unchanged, this budget proposal puts the District of Columbia's finances in a dangerous position."

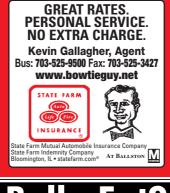
- VINCENT GRAY, D.C. COUNCIL
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### Local

### **Tourism Booms, Still No Economic Bloom**

Visitors spend less money this year, opt for day trips to D.C.

#### Washington

The region's tourism industry reported a strong turnout of visitors for Easter, spring break and the National Cherry Blossom Festival events, but the hordes on the Mall, and at the Tidal Basin and the monuments appear to be spending less money than in the recent past.

Many are day-trippers who go home after taking in the sights or stay with relatives, instead of booking hotel rooms. And those who are using hotels are generat-



D.C. tourism officials say many visitors are staying with family rather than in hotels

ing less money because the room rates have been reduced to draw more guests.

"Unfortunately, day-trippers are not physically staying in Wash-

ington," said Elliott L. Ferguson, president of Destination DC, an organization that promotes tourism in the city. "The effect on the economy is not the same as a con-

vention group spending more and staying longer."

The results could spell disappointment for area officials who are counting on an uptick in tourism — especially during the all-important summer season — to help local governments offset declines in flagging property taxes and other revenue that have left holes in budgets.

Some businesses are benefiting from the increase in day-trippers. Stephen Marks, managing member of Bike and Roll Washington, which provides bicycle tours and rentals to tourists, said he has had a 75-to-100-percent increase in customers since the season began March 13.

#### The Lotteries

#### Monday, April 12

#### District

Mid-day Lucky Numbers	3-3-8
<b>Evening Lucky Numbers (S</b>	un.)8-8-5
Mid-day DC 4	2-8-0-1
Evening DC 4 (Sun.)	
Mid-day D.C. Five	6-9-9-4-7
Evening D.C. Five (Sun.)	3-8-7-5-7
Daily 6 (Sun )	9-26-29-31-32-35 (3)

#### **Maryland**

Mid-day Pick 3	5-6-
Evening Pick 3 (	Sun.)5-5-
Mid-day Pick 4.	5-2-2-
Evening Pick 4 (	Sun.) 3-1-3-
Match 5 (Sun.)	

#### Virginia

Mid-day Pick 3	3-9-6
Evening Pick 3 (Sun.)	2-2-8
Mid-day Pick 4	8-4-0-2
Evening Pick 4 (Sun.)	2-1-4-4
Mid-day Cash 5 (Sun.)	7-11-12-14-26
Evening Cash 5 (Sun.)	

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

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### **Cover Story**



Chinese President Hu Jintao meets with President Obama on Monday before the summit in Washington. As the meeting of 47 world leaders began, new warnings said al-Qaeda is trying to build a nuclear weapon.

# A Call to Arms Reduction

### Obama uses this week's summit to raise the alarm on a global nuclear threat

#### Washington

President Obama optimistically opened a 47-nation nuclear summit Monday, boosted by Ukraine's announcement that it will give up its weapons-grade uranium. More sobering: Obama's counterterrorism chief pointedly warned that al-Qaeda is vigorously pursuing material and expertise for a bomb.

Ukraine's decision dovetailed with Obama's goal of securing all vulnerable nuclear materials worldwide within four years — an objective that the White House hopes will be endorsed by all summit countries at a closing session Tuesday.

In a brief exchange with reporters, Obama touted the largest gathering of world leaders hosted by an American president since the 1945 conference in San Francisco that founded the United Nations.

"It's impressive. I think it's an indication of how deeply concerned everybody should be with the possibilities of nuclear traffic, and I think at the end of this we're going to see some very specific,

#### **A Calm Commute**

Downtown Washington awoke as though Monday were Sunday, with traffic light and Metro trains less packed than normal during the early rush hour as tens of thousands heeded warnings that a summit of world leaders might cause gridlock. Even as the normal peak of rush hour neared, traffic moved with a languid pace. As the be-at-your-desk hour of 9 a.m. loomed, traffic stood just



two or three cars deep at intersections where it normally backs up for a full block. Parking lots and garages seemed to have plenty of spaces, and even meters could be found in areas where parking wasn't restricted because of the summit. In fact, the morning's heaviest traffic might have been well before dawn when the thousands of police, federal agents and uniformed military personnel arrived to man the barricades. (THE WASHINGTON POST)

concrete actions that each nation is taking that will make the world a little bit safer."

The talks are a centerpiece of Obama's agenda for ridding the world of nuclear weapons, a process that he says should include gradual disarmament by the nuclear powers, stronger steps to head off a nuclear arms race and more urgent action to lock down tons of plutonium and highly enriched uranium that are the key building blocks of atomic weapons.

Not all countries share Obama's view that the nuclear-materials problem is a priority. Some think the bigger emphasis should be on disarmament, particularly by the United States and Russia.

At a parallel unofficial conference of more than 200 nuclear experts, many said too many leaders don't share Obama's urgency about nukes. "There is a great complacency among policymakers around the world that terrorist groups couldn't make a nuclear bomb," said Matthew Bunn of Harvard.

Seeking to highlight the urgency of the threat posed by terrorists in pursuit of a nuclear bomb, John Brennan, the White House's counterterrorism chief, told reporters that al-Qaeda is actively in search of the key ingredients for a bomb and the expertise to assemble it.

In a detailed report on the challenge of securing nuclear materials, Harvard's Bunn said no one really knows the likelihood of nuclear terrorism. "But the consequences of a terrorist nuclear blast would be so catastrophic that even a small chance is enough to justify urgent action to reduce the risk," he wrote. "The heart of a major city could be reduced to a smoldering radioactive ruin, leaving tens to hundreds of thousands of people dead." (AP)

By the Numbers

**2012** 

The year in which Ukraine vowed it will be rid of its stock of highly enriched uranium. It will also convert its reactors to low-enriched uranium.

90

The percentage of the world's nuclear arms possessed by Russia and the United States, which signed a treaty last week to reduce their arsenals.

**250** 

The amount, in tons, of plutonium currently in stockpiles around the globe—enough for tens of thousands of nuclear weapons.



The number of states that possess nuclear weapons. North Korea was the only country with a nuclear weapon not invited to the conference.



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### **Sports**

# Habs' Power Play Concerns Caps

Washington readies for opening-round series vs. Montreal

#### The Capitals

While there are dozens of matchups that could affect the outcome of the Capitals' first-round playoff series against Montreal, one has coach Bruce Boudreau more concerned than any other: the Canadiens' prolific power play.

"They've killed us on it," Boudreau said. "They move the puck, they shoot, and they go to the net. Hopefully, we'll be able to stay out of the box."

Although the Canadiens tallied the fewest goals in the NHL at even strength in the regular season (132 compared to Washington's leagueleading 213), the Canadiens were dominant with the man advantage. They tallied 57 times on the power play, a conversion rate of 21.8 percent, which ranked second only to the Capitals' 25.2 percent.

In the teams' four regular-season meetings, the Canadiens scored on a power play five times and at least once in each of the games. The unit also proved to be efficient in the teams' final three meetings, amassing 10 shots and four goals in eight power play opportunities.

Combine that proficiency with a Capitals penalty kill that has been only fair this season — it ranks 25th

NBA (8:15 P.M., 10:30 P.M., TNT) The

Chicago Bulls host the Boston Celt-

NHL (8 P.M., VERSUS) As playoff

teams prepare for the postseason,

hopes set on the draft lottery.

the less successful squads have their

SOCCER (2:55 P.M., ESPN2) Chelsea

battles Bolton in a Premier League

ics, and the Phoenix Suns take on the

**TV Lineup** 

Denver Nuggets.

game in London.



Montreal's Scott Gomez leads an attack that excels with the man advantage.

#### "If I tell you now, then you're going to be asking these guys and digging to see what you can get from them."

- CAPS COACH BRUCE BOUDREAU, EXPLAINING WHY HE'S PLAYING COY WITH THE MEDIA ABOUT WHICH GOAL IF WILL START GAME LAGAINST THE CANADIENS THURSDAY

overall in the league (78.8 percent effectiveness) - and you can see why Boudreau has concerns.

Montreal's power play isn't all Boudreau has on his mind ahead of Thursday's best-of-seven series opener at Verizon Center, which will mark the first time the teams have met in the postseason.

Boudreau has declined to name his starting goaltender for Game 1, reiterating Monday that he still hasn't informed the goalies of his decision. The play of Theodore and fellow goalie Semyon Varlamov over the past two months suggests that

#### The Schedule

Here's when the Caps are slated to face the Canadiens in the playoffs:

- Game 1: Thu., 7 p.m. at Verizon Center (CSN, Versus)
- Game 2: Sat., 7 p.m., at Verizon Center (CSN, Versus)
- Game 3: Mon., 7 p.m., at Bell Centre (CSN)
- Game 4: April 21, 7 p.m., at Bell Centre (CSN)
- Game 5: April 23, 7 p.m., at Verizon Centre (CSN, Versus), if necessary
- Game 6: April 26, 7 p.m., at Bell Centre (CSN), if necessary
- Game 7: April 28, TBD, at Verizon Centre (CSN, Versus), if necessary

Boudreau will turn to Theodore, who went 20-0-3 in his final 23 decisions while posting a 2.58 goals against average and a .922 save percentage during that span.

Theodore, however, is 2-1-0 against with a 4.05 goals against average and .877 save percentage against his hometown team since being traded away by Montreal in 2006. He did not start a game against the Canadiens this season and has not started at Bell Centre since joining the Capitals in 2008.

"I'm not really concerned with his record there," Boudreau said. "The playoffs are a whole new season. And Varly's had a good record against them, so we'll see." TARIK EL-BASHIR (THE WASHINGTON POST)

#### Swengali

#### **Great Expectations** For the Capitals

With that pesky regular-season fi-

nally out of the way, are you ready for some hockey?

For some time, we've known the Washington Capitals were going to be the top seed heading into the playoffs.

The President's Trophy, awarded to



the team with the most regular-season points, is a nice cap on what's been a fantastic run since coach Bruce Boudreau took over more than two years ago. Normally, in this

city so deprived of high-quality sports franchises, such an honor would result in euphoria during the small break before the playoffs. But there was never any suspense that Alex Ovechkin and company would make the postseason,

#### The only way we can truly measure progress is in these plavoffs.

just as it was assumed they would have a strong regular season.

Given the Capitals' sudden rise to elite status, the only way we can truly

to Game 7 in a second-round series against eventual champion Pittsburgh last year. The painfully lopsided result was a distant memory during the regular season.

Now, though, with home ice secured for the entire playoffs, the expectation is the Capitals are going to go further than they did last season.

shot at a championship. Anything else will be a disappointment. The good news is that the Caps seem up to the task. The bad news is that part of what makes the NHL postseason so great is its unpredictable nature.

### measure progress is in these playoffs. Washington made it all the way

D.C. sports fans see a legitimate

#### To reach Matt Swenson, e-mail matt.swenson@readexpress.com

### Campbell Signs Tender Offer, Still Seeks a Trade

#### The Redskins

Jason Campbell has signed his \$3.1 million tender with the Washington Redskins, taking him off the market as a restricted free agent while leaving open the possibility of a trade.

Campbell was given permission to explore a trade after Donovan McNabb was acquired from Philadelphia last week. Campbell couldn't find a team that would



Jason Campbell is not expected to be at the Redskins' upcoming minicamp. make a suitable offer to him as a restricted free agent, so he signed the tender Monday.

The move puts the onus back on the Redskins to find a trade partner for Campbell. Their best chance might come during next week's draft.

Campbell has stopped attending voluntary workouts at Redskins Park and is not expected to attend this weekend's three-day minicamp. (AP)

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### **Sports**

### No Charges for Steelers' Roethlisberger

DA: Woman's sexual assault accusations could not be proved

#### **Pro Football**

Authorities announced Monday that they will not charge Pittsburgh Steelers quarterback Ben Roethlisberger after a college student accused him of sexually assaulting her at a nightclub last month.

Ocmulgee Circuit District Attorney Fred Bright said the 20-year-old student's accusations could not be proved beyond a reasonable doubt. and her lawyer said that she did not want to press charges.

Bright said the investigation showed the woman was heavily intoxicated that night. She and her sorority sisters had met Roethlisberger at a different bar earlier in the night, and he invited them into a VIP area at the Capital City club



Ben Roethlisberger won't be arrested.

and ordered them shots. When the woman walked to a small bathroom, Roethlisberger followed her.

What happened in that bathroom is unclear. A doctor who examined the woman could not say whether she was raped, and while some DNA was found, there was not enough to determine to whom it belonged. "We are not condoning Mr. Roethlisberger's actions that night," Bright said. "But we do not prosecute morals. We prosecute crimes." (AP)

#### TRADES



In their latest big move of a busy offseason, the New York Jets acquired talented but troubled wide

receiver Santonio Holmes from the Pittsburgh Steelers on Sunday night for a fifth-round pick in this month's NFL draft. Jets owner Woody Johnson confirmed the deal Monday. (AP)

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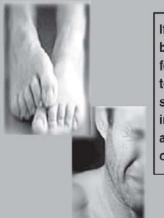
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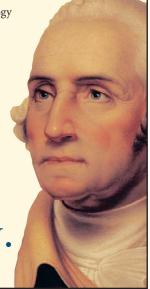
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### **Sports**

### **Nationals Fall Victim to the Red-Hot Phillies**

Marquis surrenders early lead as Philly wins its home opener

#### The Nationals

Placido Polanco hit a go-ahead single, Chase Utley had a two-run homer and the Phila-





delphia Phillies overcame an early deficit to beat the Washington Nationals 7-4 in their home opener Monday.

The two-time defending NL champions are off to a 6-1 start, their best since opening the 1993 pennant-winning



Nationals skipper Jim Riggleman argues with plate umpire Paul Schrieber Monday.

season 7-1.

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Cole Hamels (2-0) earned the win despite another so-so effort. He allowed four runs and six hits in

5 2/3 innings. The lanky left-hander is trying to bounce back following an inconsistent year after a dominant postseason in 2008.

Playing without Jimmy Rollins, a late scratch after straining his right calf, the Phillies continued their torrid hitting. They're averaging 7.1 runs and 11 hits per game. The Phillies celebrated the franchise's seventh pennant during a pregame ceremony, then won their first home opener since 2005.

Josh Willingham hit a solo homer, and losing pitcher Jason Marquis had a two-run double for the Nationals.

Marquis (0-2) allowed seven runs — six earned — and six hits in 4 1/3 innings. The right-hander, who signed a \$15 million, two-year contract with Washington as a free agent, was an All-Star with Colorado last season. (AP)

VISITORS



D.C. United will host AC Milan in an exhibition match May 26 at RFK Stadium. It will be the clubs' first match against each other. D.C.

United president Kevin Payne said Monday the game will be "a great test for our players." He also said D.C. United could add games against "two other major European clubs." Because the game is less than three weeks before the World Cup kicks off in South Africa, AC Milan won't have any of its stars who will be with national teams. (AP)



# fit



#### **Guinea Pig | Crunch Time**

If cooking quinoa seems as daunting as saying it (for the record, the name of the Incan grain is pronounced KEEN-wah), why not just try eating it prepared for you? Better yet, how about eating it encased in fair-trade cocoa? Alter Eco's Dark Chocolate Quinoa Midnight Crunch bar (\$4.39, Worldpantry.com) uses the protein- and fiber-packed superfood to give chocolate a Krackel crispness. Warning: You may never want to put quinoa in a salad again.

#### **Body Talk**



#### **Walk This Way**

To anyone who thinks a 5K is an impossible goal, try walking for just 10 minutes. That's the day one plan for Weight Watchers' Walk-It Challenge, which kicked off last week. The idea is to give members the necessary tools to build to a 3.1-mile distance so they can participate in Walk-It Day June 6.

It may sound like a small step, but



to Washingtonian Stewart Waller, 43, it was a turning point. He signed up for Weight Watchers last year and knew he needed to get active. "But I didn't know

what to do at the gym. If you're like me, you need a goal," he says.

With Walk-It Day looming, he kept logs of his training, and eventually sped from a stroll to a sprint. "I used to hate running more than anything," Waller says. "But I started using it as a meditation — how would I feel when the weight was gone?" He got to find out soon enough. He ended up running the entire 5K, signed up for a series of other races and manage to lose 60 pounds in a matter of months.

This year, Waller is doing the Walk-It Challenge again, but as a leader instead of a member. And if there's one thing he hopes to get across, it's that anything is attainable. You just need to take that first, small step.





Two urban adventure racers dash between clues last year wearing the traditional uniform: matching T-shirts and smiles .

# Search the Streets

Adventure racers tap both mental and physical strength to reach the finish line

#### **Exercise**

Trivial Pursuit geeks and triathletes travel in different circles — unless they're all sprinting to snap a pic of the Sonny Bono memorial. That's the sort of thing that happens during urban adventure races, team scavenger hunts that test both brains and brawn. Each event (\$20-\$70 per person) is different, but participants can count on getting a solid workout, since you can use only public transportation and your own two feet to get around, and

many of the courses also include fitness challenges (think yoga poses and push-ups). Here's our guide to upcoming competitions.

#### **Urban Dare**

(April 17, Urbandare.com)

**Best for:** Quick-thinking competitors of all abilities.

The Workout: Billing itself as "part photo hunt, part trivia and part dares," the Urban Dare doesn't require any stunning feats of athleticism. But past challenges have included climbing walls, and most teams cover between five and seven miles. "To have fun, you can be at any level of fitness," says race director Kevin Keefe, "but the people who win will be the people who run."



Clues usually require getting to a location and posing for a silly photograph.

#### **Green Rush**

(April 17, Livegreen.net)

**Best for:** Moderate exercisers who want to save the planet.

**The Workout:** If you cover the course by foot, you'll log more than four miles. But the real focus of the event, which kicks off at the "Green in the Circle" Earth Day celebration at Dupont Circle, is to introduce participants to eco-friendly businesses that will be hosting challenges.

#### DC Challenge

(May 1, Dcchallenge.org)

**Best for:** Easygoing strategizers who like beer (the race kicks off and ends at Kelly's Irish Times).

**The Workout:** The "scavenger hunt on steroids" covers between four and six miles with its 12 clues. Unlike other races, this one has no limit on the size of your group — though you might want to think twice before signing up your entire kickball team, since you'll have to fit everybody into a photo at each stop.

#### **The Great Urban Race**

(May 15, Greaturbanrace.com) **Best for:** Athletes of any level who love to wear matching outfits.

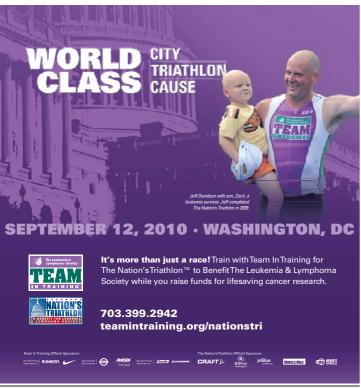
**The Workout:** Many teams in the Great Urban Race pair running shoes with Halloween costumes as they wind around Capitol Hill and downtown. Typical challenges range from eating things (think pizza, not bugs) to paddling canoes.

#### **Metro Dash**

(July 17, Frawgstomp.com)

**Best for:** Jocks and jockettes looking for a challenge.

**The Workout:** The Metro Dash is intended to be "the toughest race you can do in an urban environment," says race director Sean Ofeldt. Participants flip monster tires and perform box jumps along the 10K course. Technology also distinguishes the race: Teams need a smartphone to receive clues. **KATIE ABERBACH (EXPRESS)** 





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### **Take off the Running Shoes**

I'm a divorcee and dating. I notice when it gets serious, I run away fast. I know I'm with the perfect guy for me right now, but I feel my feet about to fly. He really likes me, and I'm so happy with him. But I know it is going to end down the road. What is my problem? sтиски

I'm not sure how long it's been since your divorce, but have you given yourself enough time? If so, the first problem might be that you see this tendency of yours as inevitable. You don't "know" your relationship is going to end down the road any more than I "know" the next Metro train will be on time though I can understand how

it must feel that way, given the strength of your pattern.

But change is in your hands: You're aware you have this issue, and you can either choose to perpetuate it - saying sayonara to "perfect guy" after "perfect guy" or you can get help with it. Counseling could help you face what's making you flee.

#### It's Hard Work To Find a Career

My boyfriend of

four years and I are both 24. I love him, but we constantly discuss his lack of ambition. His parents believed that careers got in the way of being devoted to God, so they didn't allow him to explore any of the dreams he once had. He is working, but who wants to work just for work? I'm not hung up on who makes the most money, but I want a secure marriage if we ever get to that. HELP, PLEASE!

His parents might have stifled interest in particular careers, but that was then and this is now. The question isn't whether he can find something that suits him and start a new path; it's whether he really wants to. See whether he's willing to walk the walk: to research various occupations, see a career counselor, explore some hobbies, look into further schooling or otherwise just move forward.

You also might need to face that ambition and financial security are not synonymous. Though you acknowledge that you don't need him to be the richest guy on the block, if he does indeed develop a passion to follow — be it gardening, teaching or investment banking that's still no ticket to a guaranteed stress-free financial life.



Send your mental health and emotional wellness questions to Andrea Bonjor, Ph.D., at baggage@readexpress. com. This column is not a substitute for one-on-one care.

**Event Horizon Facial** 

If you haven't already booked a treatment for Spa Week (Spaweek.com), you'd better get dialing. Nearly 80 spas in the D.C. region are participating in the program now through Sunday, offering a select menu of \$50 exfoliations, massages, hair removal and more. It's a chance to try something unusual, such as fanny facials or vajazzling (if you don't know what these are, don't worry about it), or just to get a bargain on your usual relaxation routine.

A weekly section about how to look and feel and Frenzy is... health | fitness | nutrition | grooming | beauty | fashion

# Getting on Track in Life

Girls on the Run founder tells why it helps to get preteens to go that extra mile

#### **Volunteering**

Molly Barker isn't just the founder of Girls on the Run (GOTR), a non-profit that uses jogging as a tool to help girls survive — and thrive — in their preteen years. She was also, in a sense, the first member.

But because she didn't have a program to guide her through the pressures of growing up, her path took a decades-long detour through several dark spots, including alcoholism. "I'd hit rock bottom. I came to that realization on a run," says Barker, who had her epiphany at age 32.

She became convinced that logging miles could keep other young women from following in her footsteps. "I just found running is a sanctuary in my day. I also found in running respect for my body and all the things it can do," she adds. "Somewhere around sixth grade, some of us forget who we are. I wanted to provide girls with an experience to be their authentic selves."

So, 14 years ago, Barker launched GOTR, and it's truly



Since Molly Barker, right, founded GOTR, nearly 1 million girls have joined the group.

gone the distance. More than 160 chapters across the U.S. and Canada now serve 61,000 girls (ages 8-12) per year, including 400 in the D.C. program.

And it's for those gals, who come from all eight wards of the city, that Barker is coming to town this Saturday. Half of them receive full or partial scholarships to participate, and to keep that number rising, GOTR needs to drum up awareness, volunteers (both male and female) and money.

You'll have to wake up early to catch the start of her visit: an 8 a.m. fun run. The group will head out

from Georgetown's Water Street Gym (3401 Water St. NW), loop around the monuments and return. (The schedule calls for a seven-mile route, but Barker promises there will be shorter options available, especially if kids show up. GOTR girls never go more than three miles.) Post-run, there'll be coffee and conversation with Barker, who will be signing copies of her

Join the Girls on the Run D.C. participants as they complete their 12-week program with a 5K run. It's May 16 at 9:30 a.m. at American University (4400 Massachusetts Ave. NW). Sign up at Gotrdc.org (\$20).

book, "Girls on Track: A Parent's Guide to Inspiring Our Daughters to Achieve a Lifetime of Self-Esteem and Respect."

"Somewhere around sixth grade, some of us forget who we are."

The activity continues from 1 p.m. to 3 p.m. at a fundraiser at the Cleveland Park location of Potomac River Running (3513 Connecticut Ave. NW), featuring more book signing and a \$1-per-ticket raffle (prizes come from sponsors Potomac River Running, California Tortilla and City Fitness).

Barker hopes to give attendees a taste of what GOTR is all about, which is more than pounding the pavement and lessons on social and emotional growth. "It's fun and crazy, with lots of laughter and silliness," she says. "If we didn't make it fun, they wouldn't want to do it." VICKY HALLETT (EXPRESS)

#### Free Spree



### Join the Mob To Move in a Flash

Dance Is the Answer (Danceistheanswer.com, April 15-May 2), a celebration of movement in D.C., had a question: How do you introduce more folks to dance? "The way to get people to see dance is to do it on the sidewalk, or in the mall or on the Mall, so that they can't not see it," says Peter di Muro, director of Dance/Metro DC, which runs the program. So, this year, in addition to classes and shows, they're organizing flash mobs—groups of people who gather at an unexpected location for an impromptu performance.

Anyone's welcome. If you can hop, grapevine and shake your hips, you have the moves to pull off all seven numbers. There are online tutorials, or you can go to live rehearsals led by pros, such as the DC Cowboys, pictured above. Then just show up at the appointed time at the right place ready to groove. AMANDA ABRAMS



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# Sap Stress Out of Tax Time

Fight your financial anxiety and painful muscles with an at-home rubdown

#### Massage

As April 15 approaches, the stress of readying those returns can be taxing. Couple that with hunching while number crunching, and you could get a side effect you didn't bank on: tight, aching back and neck muscles.

Massage is one way to loosen up, but at \$75 or more, one-hour sessions with a masseuse can quickly bust a budget — an unwelcome expense after writing checks to Uncle Sam. But there are things you can do at home to work out the knots for next to nothing, local massage therapists say.

Sit in a chair with a back and place a tennis or golf ball where you feel the pain, says Winston Moore, regional operations manager for Massage Envy's 19 D.C.-area clubs (Massageenvy.com). Lean

your back against the ball and push to loosen the knot or roll the ball around by moving your body.

Another technique: Put two tennis balls in a sock and tie it off. "Lay on the tennis balls and roll with one tennis ball on the outer portion of your shoulder blade and one toward your armpit. You can do pressure point work with that," says Glenn Seth, lead massage therapist at Hela Spa (Helaspa.com). "Laying on the floor on top of the tennis balls and just rolling back and forth using your body weight does a phenomenal job."

"Whenever we're stressed, it always manifests itself physically," explains Moore. "We clench our jaws, we clench our fists, anything and everything. It's just a way to manage it internally. When that happens, you hold onto it and you get the aching."

"It's intuitive for us when we are stressed out to go into protection mode," Seth adds. "You lift your shoulders up and you kind of close up. That's something that's instinctive."



Leaning over your calculator is sure to tax your muscles. Stretch to fight soreness.

Slouching in a desk chair or bending over 1099s spread across the kitchen table doesn't help, either. It's no wonder most people carry that stress and muscle pain in their shoulders and neck, which can lead to more problems such as tension headaches, Moore says.

Preventing stiffening, however, is as simple as taking breaks and

standing. "You never want to sit for a long period of time without getting up and doing some stretches," he says. "Movement creates circulation, and circulation creates increased blood flow and increased healing for the area."

To relax your shoulders, try what Moore calls the "I Don't Know," a shoulder shrug. Lift your shoulders "Whenever we're stressed, it always manifests itself physically. We clench our jaws [and] our fists."

toward your ears as high as you can, hold for three to five counts, and then press down and hold again.

Target your shoulders, back and chest by grasping your hands together behind you and pull down while lifting your chest up and arching your back, Seth says.

Stretch the sides of your body by placing your left hand on the edge of a chair and your right hand on the left side of your head, he says. Tilt your head (but don't pull on it) while leaning your body weight to the left side, and hold for 10 to 20 seconds. Then switch sides.

Still feeling tight? You can always put your refund check toward a visit with the pros. STEPHANIE KANOWITZ

#### Recipe File

#### CHICKEN MARSALA STEW WITH SPRING VEGETABLES

#### **Ingredients**

2 TBSP extra-virgin olive oil, divided;
1 LB. boneless, skinless chicken
breast, cut into 1-inch chunks; 1/2
TSP salt; 1/2 TSP ground black pepper; 8 0Z cremini mushrooms, sliced
8 0Z baby carrots; 1 C frozen baby
peas; 1 LARGE sweet onion, chopped;
3 TBSP all-purpose flour; 2 CLOVES
garlic, finely chopped; 1/2 C Marsala
wine; 1 1/2 C chicken broth; 1 TBSP
balsamic vinegar

#### Serves 4

In a large Dutch oven or stock pot, heat 1/2 tablespoon of the oil over medium-high. Add half of the chicken



pieces and season with 1/4 teaspoon each of the salt and pepper. Cook, stirring occasionally, until the chicken is browned on all sides, about five minutes. Transfer to a plate and repeat with another 1/2 tablespoon of the oil and the remaining chicken, salt and pepper. Set aside.

Add another 1/2 tablespoon of the oil to the pot. Add the mushrooms, and saute until they begin to soften and give off liquid, three to five minutes. Add the carrots and peas, then

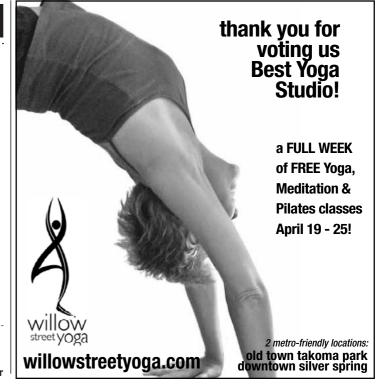
saute for another five minutes. Transfer to a bowl and set aside.

Add the remaining 1/2 tablespoon of the oil to the pot. Add the onions and saute until they soften and start to brown, about five minutes. Add the flour and garlic and cook, stirring for one minute.

Pour in the Marsala and cook, stirring, for two minutes longer. Add the chicken broth and reserved vegetables, then bring to a simmer.

Reduce the heat to low, cover the pan, and cook, stirring occasionally, for 15 minutes. Add the reserved chicken and vinegar, and simmer until heated through, about three minutes. (AP)

382 calories, 34 g protein, 32 g carbs, 10 g fat, 68 mg cholesterol, 557 mg sodium, 5 g fiber



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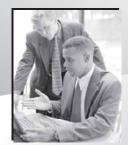
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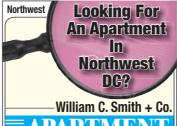
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# lookout



#### The Secret Life

A new tell-all on Oprah reveals allegations about her pre-fame love life 39

#### **Sound Bets**



#### **Uncivil Unions**

Titus Andronicus' "The Monitor" is a breakup record. But despite being Civil War-themed, it's not about the dissolution of the Union; it's about the disintegration of a relationship.

"The Monitor" is big, sloppy, passionate, angry, energetic and melodic. It's an indie-rock epic with punk-rock



roots, inspired by too much time alone and too much time to watch Ken Burns' "The Civil War," and connects its themes to modern-day heartbreak. "It was putting

a lot of things about my life and my understanding of the world in greater perspective," said band leader Patrick Stickles, whose unhinged yelp recalls that of Conor Oberst if he still had a hard time dating girls.

"I've always felt long-playing records should be thematically cohesive," Stickles said. Still, don't get too caught up in the War Between the States theme; ultimately, Stickles said, "The Monitor" is what all Titus Andronicus songs are about: "How it's hard to be human."

St. Stephens Church, 1525 Newton St. NW; Fri., April 16, 7:30 p.m., \$8; Positive forcedc.







Sue Sylvester, right, gives her musical brood a piece of her mind on the all-new season of "Glee," premiering tonight at 9:30 on Fox, right after "American Idol."

# Sing a Song of Success

'Glee' unleashes a slew of new episodes on its widespread, gleeked-out fan base

#### **Television**

"Glee," the award-winning musical comedy about a misfit high school show choir, might be doing more for music than its fellow Fox juggernaut, "American Idol."

In its first 13 episodes, the show treated viewers to covers of songs by Neil Diamond, Rihanna, Kanye West, Barbra Streisand, Bevonce, Queen, Liza Minnelli and more. The music from "Glee" is a huge success in its own right, with more than 4 million digital downloads sold and two soundtracks already certified gold. A

#### Sales | Melodious Marketing

What's the best thing that can happen to a band these days? Why, to have one of its songs covered on "Glee," of course. According to The AP, the cast's version of Journey's "Don't Stop Believin" hit No. 1 on iTunes last year and helped return the original 1981 version to the charts. (EXPRESS)

nationwide tour, "Glee Live," featuring key members from the show's cast, kicks off in May and has sold out, and the show is boosting sales for the original artists behind the songs.

Its stars are even featured on the current issue of Rolling Stone.

When the hour-long hit returns Tuesday for a nine-episode run, expect twice the tunes per show and even more mash-ups and musical diversity.

"Every single possible musical style and taste is going to be in there," says "Glee" co-creator Brad Falchuk. "It doesn't matter what you like - you're going to find what you like and stuff you never heard of that you'll love."

But the commercial success of the "Glee" songs wasn't a reason for the boost, he says. Instead, he said, the decision was made because the music greatly enriches the show by giving viewers an emotional understanding of what the characters are going through. Falchuk says he and fellow show creators Ryan Murphy and Ian

Brennan intenti onally upped the number of songs to a minimum of five per episode for the balance of the first season (three to five had been the norm).

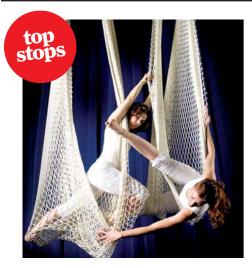
Falchuk says Murphy, also creator of the cult TV hit "Nip/Tuck," is the master behind the music: "He's the iTunes library, the Rainman of music."

This season, the characters will express their joy and frustrations through the songs of best-selling acts such as AC/DC, the Beatles, Lionel Richie, Olivia Newton-John and Madonna.

In fact, Madonna gets her own entire episode — a tribute to the Material Girl packed with 10 songs, seven of which appear on a separate soundtrack, "Glee: The Power of Madonna," set for release April 20. SANDY COHEN (AP)

expressnightout.com >> MGMT's second album, 'Congratulations,' lacks the hooks and tunes of its pre-

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**Hanging Out** Arachne Aerial Arts jettisons all the other circus-y stuff - juggling, red noses and tiny cars - and just keeps the graceful, suspended-in-the-airby-ribbons business. The performance is vaguely related to the Corcoran's Eadweard Muybridge exhibit - something about the movement of bodies in space, but mostly we just like it because it's pretty. F.z. Corcoran Gallery of Art, 500 17th St. NW; 7 p.m., \$40; 202-639-1770, Corcoran.org. (Farragut West)

Undercover Kitchen Kay Shaw Nelson used to be a spy who posed as a cookbook author - she and her husband traveled around gathering state secrets and that perfect blend of Italian spices. So, she had the best job ever, and she wrote a book about it — "The Cloak and Dagger Cook." Talk to her and sample food at a workshop. F.z. Zola Wine and Kitchen, 505 9th St. NW; 6 p.m., \$75; 202-

654-2855, Zolawinekitchen.com.

**Bug Problems** 

Franz Kafka's "Metamorphosis," the story of a man who inexplicably turned

> into an enormous bug, has all sorts of deep metaphorical mean-

> > ings involving prejudice and our psyches and what, deep down, is wrong with humanity. Synetic's dance-theater performance should go into all of these. F.z. Rosslyn Spectrum, 1611 N. Kent St., Arlington; through May 22, \$15-\$45; 800-494-8497, Synetictheater.org. (Rosslyn)

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midnight and the contest will end at 11:59p.m. EST on April 23, 2010. Log onto washingtonpost.com/postpoints to enter. Or mail a 3 1/2" x 5" postcard with your complete name, address, daytime phone number and e-mail address to: My Morning Jacket Contest: Allison Altobelli, Advertising Promotions Department, 1150 15th Street NW, 7th Floor Lennox, Washington, D.C. 20071. Number of entries will determine the odds of winning. Participating sponsors, their employees, and agencies are not eligible. This film is rated PG-13. For complete rules, log onto washingtonpost/postpoints

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### lookout entertainment

# **Next Stop: Basic Cable**

Conan O'Brien signs up to host a late-night talk show on TBS

#### **Television**

Late-night mainstay Conan O'Brien is headed to cable channel TBS to resume his comedic duties with a talk show expected to debut in November, the network says.

The program will air Mondays through Thursdays at 11 p.m. EST, shifting TBS' "Lopez Tonight," starring George Lopez, to midnight.

Monday's surprise announcement hit the same day O'Brien



Conan O'Brien is currently performing live in theaters across the country.

starts a two-month, nationwide comedy tour in Eugene, Ore., amid persistent reports that he was likely to claim Fox as his new late-night home. Barring Fox, syndication was widely considered O'Brien's most likely option. Few if anyone mentioned TBS as a plausible destination.

O'Brien began serious talks with TBS just last week, the network said. "In three months, I've gone from network television to Twitter to performing live in theaters, and now I'm headed to basic cable," O'Brien said in a tongue-incheek-toned statement. "My plan is working perfectly."

O'Brien left the NBC network in January after hosting "The Tonight Show" for just eight months. FRAZIER MOORE (AP)

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### TV tonight lookout

## Fashionable Family Fun

An ultra-hip couple and their brood star in TV's '9 by Design'

**Quasi-Reality** 

BRAVO 11:00

Not every lifestyle selection can be purchased at Target. That's the theme of "9 by

Design" a new reality series celebrating Bob and Cortney Novogratz, two designers and developers who have become fabulously successful and hip icons while managing to raise six kids and are now expecting their seventh.

The Novogratzes made their name buying shabby buildings in not-yet-fashionable neighborhoods and refurbishing them with their personal style before selling and/or renting them out to much richer clients who wanted to acquire an instant funky chic with turnkey efficiency.

Bob Novogratz plays the smug, annoying male who fancies himself the Monkees' Mickey Dolenz



Bob and Cortney Novogratz are designers with six kids and one on the way.

as reimagined by Quentin Tarantino. You kind of want somebody to knock his tragically hip hat off his big head. He incites food fights with the kids and plays hooky from house-hunting duties, leaving his wife to play the worried, responsible one. In short, Kate to his Jon.

The pair have the grating habit

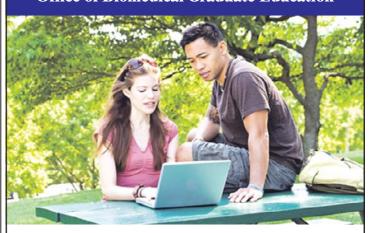
of completing each other's sentences and treating their family as some kind of brand, or brand extension.

Their business and their brood have been the subject of many articles in glossy fashion magazines. When I asked my wife, a designer familiar with such things, whether she wanted to watch their show, she replied, "You mean those horrible people who call their kid 'Seven'?" Actually, one of their children is named "Five." But her point stands.

The Gosselins took their sweet time becoming one of the most disliked couples on television. Now, "stars" of reality series must arrive with a full-blown audience of folks ready to loathe their every move, gesture, hairstyle and wardrobe choice. "Jersey Shore" proved that. Not to be outdone, TLC, recently home to "Jon & Kate," has recently signed Sarah Palin — the mother of all polarizing figures — to her own series. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

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9:00



**Deadliest Catch** Fans of Phil Harris, left, the captain of the F/V Cornelia Marie who died in February, can have the bittersweet experience of watching Harris still very much in his element as season 6 premieres. Tensions run high as the 2009 king crab season begins.

FOX 9:30 **Glee** Fresh off their win at Sectionals, the members of New Directions start preparing for Regionals, but the budding romance between Rachel and Finn hits a bump when she becomes involved with competitor Jesse St. James (guest star Jonathan Groff).



**Tiny & Toya** Season 2 delves deeper into the lives of Tameka "Tiny" Cottle, former member of Xscape and girlfriend of rapper T.I., and best friend Antonia "Toya" Carter, ex-wife of Lil' Wayne.



**Parenthood** Adam (Peter Krause) tries to spend more time with his family but finds it surprsingly challenging. Sarah's relationship with Mr. Cyr (guest star Jason Ritter) exceeds her expectations. Kristina and Julia re-evaluate their career choices. (TRIBUNE MEDIA)







#### **A Great Divide**

The documentary series "30 for 30" (8 p.m., ESPN) resumes with "No Crossover: The Trial of Allen Iverson." In 1993, high school basketball star Allen Iverson was bowling with five friends in Hampton, Va. A quarrel between Iverson's black friends and a group of white patrons turned into a brawl, and Iverson was arrested. Oscar-nominated director Steve James looks at the fallout of the incident that divided a city. (TRIBUNE MEDIA)

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"It looks like Shaquille O'Neal didn't take his soonto-be ex-wife, Shaunie's, new 'Basketball Wives' reality show well. SMDH."

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"Let's face it — if the lead-in from Conan [O'Brien] to [George] Lopez isn't as strong as Time-Warner and Turner execs hope, I don't think Lopez's seniority on TBS is going to save his neck in that midnight time slot."

 $- \ \mathsf{MICHAEL}\ \mathsf{ROSTON}\ \mathsf{OF}\ \mathbf{TRUESLANT.COM}\ \mathsf{THINKS}\ \mathsf{O'BRIEN'S}\ \mathsf{MOVE}\ \mathsf{TO}\ \mathsf{TBS}\ \mathsf{PUTS}\ \mathsf{LOPEZ}\ \mathsf{IN}\ \mathsf{A}\ \mathsf{RATHER}\ \mathsf{AWKWARD}\ \mathsf{SITUATION}.$ 

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### puzzles lookout

#### Horoscope

ARIES (March 21-April 19) Something unusual and unexpected can prove quite inspiring before the day is out. Friends gather around for a kind of celebration.

TAURUS (April 20-May 20) Even in the ordinary you can find something extraordinary. Tend to routine business according to the schedule, and expect something new.

GEMINI (May 21-June 20) Now is no time to insist on something that will only increase tensions among the players. Do what you can to promote accord and harmony.

CANCER (June 21-July 22) You cannot afford to waste time; once you get started, you'll want to keep the pace moving. Forward motion cures all ills.

LEO (July 23-Aug. 22) Something may seem all too obvious to you — and it is the "everything" that may actually contain some mystery. Take a closer look.

VIRGO (Aug. 23-Sept. 22) Someone in charge may be trying to conceal certain things from you and your allies. You can get to the bottom of it soon.

LIBRA (Sept. 23-Oct. 22) Time is of the essence. Be willing to move when the time comes, whether or not you have made all possible preparations.

SCORPIO (Oct. 23-Nov. 21) Even the best-laid plans can go awry — and you'll learn a thing or two about making due when things don't always go your way.

SAGITTARIUS (Nov. 22-Dec. 21) It's a good day to engage in a search and rescue of sorts. What you find when all is said and done can change everything.

CAPRICORN (Dec. 22-Jan. 19) Events may prove once and for all that

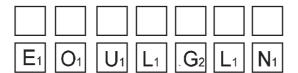
the usual way of thinking about things doesn't cover all eventualities. Free your mind.

AQUARIUS (Jan. 20-Feb. 18) While you may find yourself moving slowly toward an unknown, you'll also be drawn backward toward that which is all too familiar.

PISCES (Feb. 19-March 20) An unusual mode of communication may yield some information that comes in handy for you - and just in time, too.



#### **Scrabble Grams** PAR SCORE 145-155, BEST SCORE 211



### 3rd Letter RACK 4

RACK 1

RACK 2

RACK 3

#### Yesterday's Solution

A <sub>1</sub>   N <sub>1</sub>   T <sub>1</sub>   I <sub>1</sub>   C <sub>3</sub>   A <sub>1</sub>   R <sub>1</sub>	RACK 1 =	59_
C <sub>3</sub> L <sub>1</sub> E <sub>1</sub> A <sub>1</sub> N <sub>1</sub> S <sub>1</sub> E <sub>1</sub>	RACK 2 =	59
C <sub>3</sub> O <sub>1</sub> P <sub>3</sub> P <sub>3</sub> E <sub>1</sub> R <sub>1</sub>	RACK 3 =	18
C <sub>3</sub> A <sub>1</sub> N <sub>1</sub> A <sub>1</sub> S <sub>1</sub> T <sub>1</sub> A <sub>1</sub>	RACK 4 =	68_
PAR SCORE 145-155	TOTAL	204

#### **FOUR RACK TOTAL**

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Double

Triple

Word Score

#### Sudoku

#### **MEDIUM**

		8	7	4	2	9		
3								7
			9		8			
	8			1			6	
6	2						9	5
	7			5			3	
			4		1			
8								4
		4	5	9	7	3		

#### Yesterday's Solution

7	5	9	6	3	4	8	1	2
8	1	4	7	9	2	3	5	6
6	2	3	5	8	1	4	9	7
4	8	6	2	5	7	9	3	1
5	9	2	1	6	3	7	8	4
3	7	1	9	4	8	6	2	5
9	3	7	4	1	5	2	6	8
2	6	5	8	7	9	1	4	3
1	4	8	3	2	6	5	7	9

#### Need more Suldolku?

Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

#### **Comics**

#### FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

#### POOCH CAFE | PAUL GILLIGAN



**PEARLS BEFORE SWINE | STEPHAN PASTIS** 

WHAT'S

THE

CATCH?

YEAH. HIS

NAME IS

ANDY THE

AARDVARK

HE'S S'POSED

to be a whiz

WITH NUMBERS



NO CATCH. WE

JUST STOP BY

AND TALK TO

HIM ABOUT

OUR TAXES





I FORGOT HE'S

NOCTURNAL .

#### **Forecast**



<del>~~</del> 60 47

Today: Cooler today; afternoon rain. A touch of rain tonight.



Tomorrow: Clouds breaking for some sun tomorrow. Clear tomorrow night.

#### **Looking Ahead**







72 | 56 | 74 | 53 | 64 | 41

### **Sun and Moon**

Sunrise today: 6:35 a.m. Sunset today: 7:43 p.m. Moonrise today: 5:45 a.m. Moonset today: 7:15 p.m.

Normal high: 65 Record high: 90 Normal low: 45 Record low: 24

**Almanac** 

FORECAST BY ACCUWEATHER.COM © 2009

Jost Points DAILYCODE AT

I CAN'T

BELIEVE

400

FINALLY

FOUND US AN

**ACCOUNTANT** 

### **DO YOU DRINK ALCOHOL?**

✓ Drink daily or almost daily? ✓ Are between the ages of 21 and 60?

We are seeking men and women to study whether a medication for smoking cessation (CHANTIX™) may affect drinking. Volunteers should be healthy and drug-free. Qualified subjects will be reimbursed for their participation. The study lasts nine weeks and requires five outpatient and one overnight visits at the National Institutes of Health Clinical Center in Bethesda MD.

> For more details, call 301-496-7500







### **HIGH BLOOD PRESSURE** & TYPE 2 DIABETES

Diabetes increases your risk for high blood pressure.

Physicians are studying the investigational use of two approved high blood pressure medications in people with type 2 diabetes. You may participate if you have been diagnosed with type 2 diabetes and have, or think you may have, high blood pressure. To qualify you must be on a stable diabetes treatment, but not taking insulin. Qualified participants receive study-related care, including physical exams, lab services and high blood pressure medication at no cost.

To learn more, please call:

Dr. Nashwa Gabra, MD **Burke Internal Medicine & Research** 703-455-9711

Dr. Nabil S. Andrawis, MD, PhD, FACP **Manassas Clinical Research Center** 703-330-1112

www.novartisclinicaltrials.com

lookout puzzles

1/

17

22

28

34

38

51

56

61

66

69

23 24

46

#### Crossword

#### **A STUNNING PUZZLE**

16

19

12

41

13

#### **ACROSS**

- 1 It may be found in an ancient shipwreck
- 6 Bombards with junk e-mail
- 11 Miss partner
- 14 Kind of acid
- 15 They're popular in Israeli circles?
- 16 Slalom path shape
- 17 "Wouldn't it be great?"
- 19 Sturgeon's eggs
- 20 Enjoying a hot streak
- 21 Shed some tears
- 22 Demented
- 25 Slender runner
- 26 Clodhoppers
- 28 "Dream on!"
- 30 Juvenile newts
- 33 Rocket used as a probe
- 34 Classic theater name
- 36 Less hetter-off
- 38 "Wow!"
- 43 Cavern, in poetry
- 44 Buffet table heat source
- 45 Muslim decree
- 48 Word after "glom"
- 50 Big birds of lore
- 51 Take a breath
- 53 Noshed on
- 55 It'll shut you up
- 56 Australian parrot
- 57 Scotland's national flower
- 61 Twist the truth
- 62 See 17-Across or
- 38-Across
- 66 Election victors
- 67 Recoil from pain
- 68 Accustom
- 69 Highest degree
- 70 Quartet x two
- 71 No longer anonymous

- 1 British rule over India
- 2 Australian flightless bird
- 3 Easter fleur
- 4 "\_\_\_ each life some rain

- 5 Elements of change? 6 "Funny Girl" actor Omar
- 7 Possum of Okefenokee
- 8 Seed covering
- 9 Macho
- 10 Which way the wind blows, sometimes
- 11 Immediately afterward, in legalese
- 12 Crustacean with seven pairs of legs
- 13 Feared African insect
- 18 Distinguish
- 21 No one in particular
- 22 Antony or Chagall
- 23 Gobi's continent
- 24 "Gorillas in the Mist"
- author Fossey
- 27 Good quality 29 Abandon the nest

31 A 10-, 11- or 12-year-old 32 Musical note

15

39

32

37

18

30

52

57 58 59

35

62

67

43

- 35 Of harmonic sounds 37 Italian dish cooked in
- hroth
- 39 Sib for sis, perhaps
- 40 Winged Greek god
- 41 One-twelfth of a foot
- 42 Dreadlocked Peter
- 45 Substitute
- 46 Consecrate using oil
- 47 Separate grains from
- hulls
- 49 Assigned work to
- 52 Set of moral
- principles 54 Like the North Pole crew
- 58 Indicate subtly 59 Cuzco resident, maybe

60 Italian volcano

68

- 62 Noah count?
- 63 Low, droning sound

60

63

- 64 "\_\_\_ we having fun yet?"
- 65 Turner or Danson

#### Yesterday's Solution

¹G	² A	³R	⁴B		<sup>5</sup> S	<sup>6</sup> A	<sup>7</sup> I	<sup>8</sup> L	³ S		<sup>10</sup> S	"E	12 L	<sup>13</sup> F
14	D	Ε	Α		<sup>15</sup> P	U	R	Е	Ε		16 A	С	Н	Е
္မဖ	Е	т	s		<sup>18</sup> A	т	0	N	Е		19 F	L	Α	W
<sup>20</sup> O	N	Ε	s	<sup>21</sup> E	С	0	N	D	Р	22 L	Ε	Α	s	Е
			<sup>23</sup> D	R	Е	s	s			<sup>24</sup> A	L	т	Α	R
<sup>25</sup> S	<sup>26</sup> H	<sup>27</sup> A	R	Е	s			<sup>28</sup> E	<sup>29</sup> A	s	Υ			
39O	Α	н	U			31M	32 O	٧	П	Е		33 <b>P</b>	34 E	<sup>35</sup> P
36 T	W	0	М	<sup>37</sup> I	38 <b>N</b>	U	Т	Е	D	R	38	L	L	s
<sup>40</sup> S	к	Υ		<sup>41</sup> M	U	Т	т	s			<sup>42</sup> C	υ	s	s
			<sup>43</sup> \$	А	Т	E			"P	45 R	Е	\$	Ε	т
<sup>45</sup> S	*7W	<sup>48</sup> U	N	G			49 B	ိုဝ	ī	υ	s			
<sup>51</sup> T	Н	R	Е	Е	<sup>52</sup> D	53A	Υ	W	Е	Е	к	54 E	55 N	58 D
57 R	0	В	Е		<sup>58</sup> 0	F	F	Е	D		59 A	L	o	Ε
60 A	L	Α	R		°10	R	Α	N	G		<sup>62</sup> T	U	R	N
63 <sub>P</sub>	F	N	9		64 M	$\overline{}$	R	9	F		85 F	l ī	м	s

#### <mark>Today</mark> in History

Roosevelt dedicates the President Franklin D. Jefferson Memorial in Washington, D.C.

1964 Signley Fortier becomes the first black to win an Sidney Poitier becomes Academy Award for best actor.

The Obama administration lifts restrictions on Cuban-Americans who want to travel and send money to their island homeland.

**EXPRESS** CAC



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Adapt you. "Personal Tech" can give you cool and useful tools. Mondays.



### people lookout



#### SUFFERING

#### All We Hear Is 'Wah. Wah, Wah. Wah, Wah'

In an interview with Howard Stern on Monday, Ryan Phillippe let out his frustration with dating famous women, says Usmagazine.com. "I have a new rule: not to date anyone who has a publicist," he said, referring to his recent breakup with Abbie Cornish. Phillipe also said he's tired of the media blaming him for his relationships ending, including his marriage to Reese Witherspoon. (EXPRESS)

#### **FRIENDSHIP**

#### That's OK — Eight Is **Still Pretty Ridiculous**

People.com is reporting that Elizabeth Taylor scoffed at widespread reports that she is engaged for the ninth time. Over the weekend, many sources said that Taylor, 78, was engaged to her 49-year-old manager, Jason Winters. In a statement, Taylor refuted the rumors, saying, "Jason is my manager and my dearest friend. I love him with all my heart." (EXPRESS)



Elizabeth Taylor can still be the butt of jokes about her harem of husbands

#### **Greed**



#### **First She Gets the Guy, and Now This**

Vienna Girardi, who stole Jake Pavelka's heart on "The Bachelor." has announced that she has a new gig, according to Usmagazine. com. The former Hooters waitress tweeted Monday that she will be joining "Extra's" reporting team. She will, among other things, be reporting from "Dancing With the Stars," where Pavelka is a contestant. (EXPRESS)



You Didn't!

TRYSTS Stedman wasn't always Oprah's main squeeze. Usmagazine.com is o! No main squeeze. Osinagazine.com reporting that Kitty Kelley's new unauthorized biography on the talk show host reveals Oprah had a love affair with "Entertainment Tonight" co-host John Tesh in Nashville, Tenn., in the '70s. The book says the couple split because Tesh found it difficult to be in an interracial relationship. Tesh has confirmed the pair dated. (EXPRESS)



#### **PUBLICITY STUNTS**

#### **Woman Strips Word** 'Apology' of Its Integrity

Usmagazine.com is reporting that Jesse James' mistress Michelle McGhee told an Australian television show that she wants to apologize to Sandra Bullock. "I'm sorry for her embarrassment and pain. I do feel really bad about it," McGhee said, but was quick to add that James claimed he was separated from Bullock when she first met him. (EXPRESS)

"I don't think she gets the point of this thing yet. The pain on her face says it all, which is unfortunate."



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